

# Planned Birth at Grampians Health Ballarat

You may be booked for a Planned Birth by either Induction of Labour (IOL) or Elective Caesarean Section by your Ballarat care team. Please visit the websites and documents linked in the Planned Birth section of this website to find information about:

- Induction of Labour
- Caesarean Section
- Information for your support person in the operating suite
- The importance of shared decision making in your care between you and your care team
- The benefits of prolonging your pregnancy where it is safe to do so.

Your doctor has requested a date range for your planned birth and this will soon be arranged by our Birth Liaison Midwife. The midwife will contact you with the date and time of your expected admission. Our contact details are below if you have enquiries relating to your booking date. In the event that you can not reach the Booking Midwife please call Labour Ward 53204980 with your enquiry.

We hope you feel supported in your pregnancy journey with us, if you are able to do so please provide feedback via the Grampians Health Ballarat website:

<https://www.bhs.org.au/contact-us/>

Birth Liaison Midwife  
Maternity Unit  
Grampians Health Ballarat

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